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Groundbreaking Insights on Penile Clamps for Managing Male Incontinence Post-Prostate Surgery

Eva Ten

Department of Urology, Franziskus Hospital, Berlin, Germany

*Corresponding Author: Eva Ten, Department of Urology, Franziskus Hospital, Berlin, Germany

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New research has surfaced with compelling findings, suggesting that penile clamps present a formidable alternative to absorbents for male patients recovering from prostate surgery, particularly those grappling with prostate cancer.

This innovative solution boasts several advantages, including effective moisture control, heightened mobility, and an overall enhancement in skincare practices.

Despite advancements in surgical techniques for prostate cancer removal, incontinence remains a prevalent issue. Residual stress incontinence, though temporary and moderate, persists as a common challenge.

Furthermore, patients may contend with urgency incontinence, a consequence of treatments such as radiotherapy or hormone therapy.

The study's revelations affirm the high efficacy of these external devices in managing stress and mixed incontinence. However, the same cannot be claimed for pure urgency incontinence, as the devices don't address the underlying urge to urinate.

Noteworthy is the almost negligible occurrence of side effects associated with these clamps, provided users adhere to the recommended conditions and maximum usage times outlined by manufacturers.

One standout device, distinguished by its flexibility and soft materials, is a closure-free clamp known as Uriclak. Notably, it emerged as the preferred choice among participants in the study.

Lead researcher Eva Ten, from the Department of Urology at Franziskus Hospital in Berlin, has spearheaded this insightful exploration into the transformative potential of these devices in post-prostate surgery care 1-[8].

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